



**Deciphering Dysphagia with Ampcare's ESP™  
(Effective Swallowing Protocol)  
Saturday, February 9, 2019**

**Course location:**

**Thomas Jefferson University Hospital  
Dorrance H. Hamilton Building  
1001 Locust St.**

**Room Number: 505**

**Philadelphia, PA 19107**

**Phone: (215) 955-6000**

**Link to the map of the campus:**

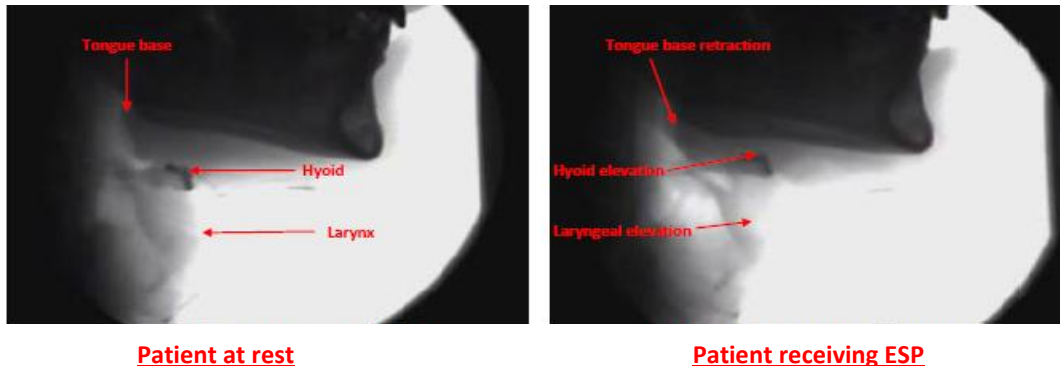
**[Thomas Jefferson University Campus Map](#)**



- **The Most Comprehensive FDA-Cleared Treatment for Dysphagia**
- **Learn the Latest Assessment Techniques**
- **Accelerate Recovery by Combining Neuromuscular Electrical Stimulation with Resistive Exercise**
- **Do More in 30 Minutes**
- **Earn 0.8 ASHA CEUs**

# New 30-minute Treatment for Dysphagia

Ampcare's patented and FDA-cleared system for dysphagia treatment takes traditional therapy approaches to the next level. Ampcare's ESP (Effective Swallowing Protocol) unites the benefits of neuromuscular electrical stimulation (NMES) while incorporating proper postural strategies and resistive exercises.



This seminar will guide clinicians through the latest clinical approach to treat dysphagia. Ampcare's ESP combines NMES with specifically designed electrodes to fit the submental and facial areas to work in conjunction with indirect (NPO) techniques and newly-developed therapeutic exercises. This systematic rehabilitation approach works to improve hyo-laryngeal excursion and enhance swallowing posture by providing the tools to accelerate swallow function.

This course will teach participants the specific rationale behind the parameters best suited for small muscle rehabilitation, review the anatomy of the muscle groups and cranial nerves associated with the swallow, and provide extensive "hands on" experience using the technique.

## Participants will receive:

- 1 (one) package of FDA 510(k) cleared Ampcare E Series Electrodes
- Course manual, which will be reviewed with a PowerPoint presentation, and includes pictures, exercises and flow chart for demonstration purposes and enhanced learning

## Agenda:

7:30-8:00	Registration
8:00-8:30	Developing the Concept of ESP
8:30-9:00	Evidence-Based Research Validating ESP
9:00-10:00	Anatomy and Physiology as it Relates to NMES
10:00-10:15	Break
10:15-10:30	Cranial Nerve Assessment for Dysphagia
10:30-11:00	Muscle Fibers and Recruitment Patterns
11:00-12:00	Fundamental Principles of NMES and Ampcare ESP Parameters
12:00-12:30	Lunch (provided)
12:30-1:00	Evidence Under Videofluoroscopy and FEES using ESP
1:00-2:15	Electrode Placements, Restorative Posture Device & Recommended Exercises
2:15-3:15	Hands on Lab, Programming the Ampcare ES unit and Electrode Applications
3:15-3:30	Break
3:30-4:00	ESP for Oral Motor Management - Facial placement
4:00-4:30	Documentation and Billing, FDA 510(k) and Competencies
4:30-5:00	Post Test, Q & A

# Accreditation



**Ampcare, LLC** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.8 CEU's (Advanced level, Professional area)

## Faculty

**Russ Campbell, PT**, is an award-winning therapist and received his degree from Northwestern University in 1989. Over his 30 years of clinical practice he has provided care in acute care hospitals, inpatient rehab units, skilled nursing facilities, outpatient clinics and home health arenas. Russ specializes in using modalities in conjunction with a holistic approach to foster faster outcomes to maximize the quality of life of the elderly patient. He has provided over 500 continuing education trainings to physical, occupational and speech therapists across the country.



**Ronda Polansky, MS, CCC-SLP**, is an ASHA-certified Speech Language Pathologist and owner of DiagnosTEX, a mobile Modified Barium Swallow Study company in Dallas/Fort Worth, Texas. She has more than 25 years of experience specializing in dysphagia and has performed over 15,000 Modified Barium Swallow Studies (MBSS). Ronda has led CE courses and has published materials on dysphagia. She received her Masters degree in Communication Science Disorders/Speech Pathology from Texas Woman's University in 1992.



**Rick McAdoo, MS, CCC-SLP**, received a Bachelors of Science in Speech-Language Pathology from Texas Christian University in 1989 and received his Masters of Science in Speech-Language Pathology from Texas Christian University in 1990. He has worked primarily with the adult neurogenic population with specialized emphasis in dysphagia. Over the past 20 years his focus has included a research component and was the first to show laryngeal elevation using transcutaneous electrical stimulation on both a computerized laryngeal analyzer and under video fluoroscopy.



Course instructors may vary based on the number of attendees.

### Disclosure Statements:

**Russ Campbell, PT, Disclosures:** Financial: Russ has intellectual property rights, holds a patent on Ampcare ESP Technology and receives compensation for its sale. He is employed by and has ownership interests in Ampcare, LLC, and receives a salary. Nonfinancial: He has no relevant nonfinancial relationships to disclose.

**Rick McAdoo, MS, CCC-SLP, Disclosures:** Financial: Rick has intellectual property rights, holds a patent on Ampcare ESP Technology and receives compensation for its sale. He is employed by and has ownership interests in Ampcare, LLC, and receives a salary. Nonfinancial: He has no relevant nonfinancial relationships to disclose.

**Ronda Polansky, MS, CCC-SLP, Disclosures:** Financial: Ronda has intellectual property rights, holds a patent on the Ampcare ESP Technology and receives compensation for its sale. She has ownership interests in Ampcare, LLC. Nonfinancial: She has no relevant nonfinancial relationships to disclose.

This presentation will focus exclusively on Ampcare products and Ampcare's Effective Swallowing Protocol (ESP), and will not include information on other similar or related products, services and therapy techniques.



# FDA-Cleared for the Treatment of Dysphagia

## REGISTRATION

To register online go to:

<https://swallowtherapy.com/product/live-course/>

To pay by check, mail this completed form with payment to:

Ampcare

1120 South Freeway, Suite 111

Fort Worth, Texas 76104

(682) 561-2444

### Registrant Information

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

CREDENTIALS TO BE PLACED ON CERTIFICATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_

TELEPHONE \_\_\_\_\_ FACILITY \_\_\_\_\_

FACILITY or ASSOCIATION \_\_\_\_\_

SPECIAL NEEDS \_\_\_\_\_

### Payment Information

\$325: Course Fee with payment received 3 days prior to course date.

\$200: Course Fee with purchase of ESP Kit - includes NMES unit, 10 packages of E Series Electrodes and Posture Device. *If you choose this training option, you will be invoiced (\$649 + tax where applicable) for the ESP Kit prior to attending the training.*

Check: Please make checks payable to **Ampcare**

Credit Card Payment: <https://swallowtherapy.com/product/live-course/>

### Seminar Location

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Overnight accommodations and parking are the responsibility of the participant.

Meeting rooms tend to be cool. We suggest bringing a sweater or jacket.

Cancellation: Paid registrations are non-refundable unless Ampcare cancels the seminar. A full refund will be given if Ampcare cancels the seminar for any reason.

Special Needs: Indicate any special assistance required when you register (e.g. dietary, physical disability, etc.).